

Bee Sting

Bee stings are very common at school from the start of school until there is a good freeze. Here are some tips for home care.

Local reactions

- a small, red, painful, swollen area that becomes normal in 10 - 15 min.
- a sting on the body, but the entire area remains swollen for several days.

Generalized reactions

These occur in a part of the body away from the sting. Reactions like these can be dangerous and life threatening.

- Swelling of the larynx (voice box) can cause obstruction of the airway.
- Anaphylactic shock resulting when all of the small blood vessels in the body dilate and cause the blood pressure to drop very quickly. The patient becomes faint, feels cold, begins to sweat and loses consciousness.

For local reactions try an application of one of these: toothpaste, meat tenderizer paste, pine-sol, ora-jel, ice. If swelling occurs administer 25-50mg of Benadryl. You may need to take this every 4 hours for several days.

Generalized reactions will need to have an epi-pen injection and other medications.