

October 2017 High School Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 Mozzarella Sticks, marinara, fries, fruit and veggie bar	3 nachos/works, corn, muffin, fruit, fresh veggie bar	4 Hot Ham and Cheese, w. gr. Bun, waffle fries, fruit and veggie bar	5 Chick. Nuggets, mash. Pot./gravy, sandwich, Fruit and veggie bar	6 Cheeseburger bun/works, tater tots, fruit and veggie bar	7
8	9 Chicken patty/bun, baked beans, fruit and veggie bar	10 corn dogs, seasoned noodles, peas, fruit and veggie bar	11 pancakes/syrup links, yogurt, fruit and veggie bar	12 Turkey bacon, cheese/bun French fries, fruit and veggie bar	13 pizza, green beans, jello, fruit and veggie-bar	14
15	16 chicken wrap, seasoned rice, broccoli, fruit and veggie bar	17 Bacon Cheeseburger/bun, fries, fruit and veggie bar	18 ravioli/ Spaghetti breadstick, carrots, fruit and veggie bar	19 Pulled pork/bun, Baked beans, fruit and veggie bar	20 NO SCHOOL	21
22	23 Hot Dog, tri tater, cott. Cheese, fruit and veggie bar	24 Soft shell taco, works, cinn. Roll, corn, fruit and veggie bar	25 BBQ/bun, tater tots, fruit and fresh veggie bar	26 Grilled chicken breast/gravy rice pilaf, hot veggie, fruit and veggie, cookie	27 Turkey and cheese/bun, works, wedges fruit ad veggie bar	28
29	30 Salisbury steak, mashed gravy, sandwich, green bean, fruit, veg.	31 pizza, corn chips, yogurt, fruit and veggie bar				1% white and Skim Chocolate Milk offered daily